

# WALLINGFORD FAMILY CENTRE: PROGRAMME

10<sup>th</sup> September – 19<sup>th</sup> October 2018

Find us: 96a Wilding Road, Wallingford, OX10 8AJ

| Monday   |   | Wednesday  | Thursday   | <p><i>Get in touch:</i></p> <p><b>Tel: 01491 832940</b></p> <p>Email:<br/><a href="mailto:coordinator@wallingfordfamilycentre.org.uk">coordinator@wallingfordfamilycentre.org.uk</a></p> <p>Follow us on Facebook:<br/>'Wigod Way Wallingford Family Centre' </p> |
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| <p><b>Stay &amp; Play</b><br/>10-11.30am<br/>Suitable for 0-5yrs</p> <p>10<sup>th</sup> Sept: 1<sup>st</sup> Birthday party</p> <p>17<sup>th</sup> Sept: Pirates</p> <p>24<sup>th</sup> Sept: Harvest plus</p> <p>1<sup>st</sup> Oct: Animals</p> <p>8<sup>th</sup> Oct: The Hungry Caterpillar</p> <p>15<sup>th</sup> Oct: Recycling</p> <p><b>Special Guests:</b></p> <p>10 Sep: ZooLab!</p> <p>17 Sep: Citizen's Advice Bureau</p> <p>24 Sep: Marie's Usborne Books</p> <p>1 Oct: My Learning Tree: Early Years Funding</p> <p>15 Oct: Baby Company</p> | <p>The suggested donation is <b>£2 per family per session</b>. This will help the charity keep the centre open.</p> <p><b>Thank you</b></p>  | <p><b>Baby Group</b><br/>Drop in: 10-11.30am</p>  <p>A welcoming and informal group for expectant parents and those with pre-walkers.</p> <p>Come and join us for a cup of tea and meet new people.</p> <p><b>*Sling Library</b> every other week – please turn over for more information*</p> <p><b>Special Guests:</b><br/>26 Sep: <b>Baby Company</b></p> | <p><b>Outdoor Explorers</b></p> <p>10-11.30am<br/>Suitable for 0-5yrs</p> <p>This outdoor/garden group is great to help develop little ones' interest in the outdoors and nature. Activities will include planting seeds, making bird feeders and more!</p> <p>Suitable for 1+ although younger siblings are welcome.</p> <p>(Activities will take place indoors if the weather is wet).</p>  |  |



# WALLINGFORD FAMILY CENTRE – EXTERNALLY RUN ACTIVITIES

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| <p><b>*PLEASE NOTE*</b></p> <p>Any queries, bookings or communication for externally run sessions should be made directly with the provider. As part of our room booking process we have checked the provider has the relevant insurance and disclosure and barring (DBS) checks however we are not responsible for the service provided.</p> | <p><b>WEDNESDAY</b><br/>(Every other week)<br/>10-11.30am</p>  <p><b>SLING LIBRARY</b></p> <p>Hire is only £6 per month but a deposit of £50 or £90 is needed, depending on the sling so please bring your chequebook.</p> <p><b>September: 12, 26</b><br/><b>October: 10</b></p> |  <p><b>BABY &amp; CHILD FIRST AID</b></p> <p>£20 per person</p> <p>Includes CPR, choking and febrile convulsions. Under 1's are welcome.</p> <p>*MORE DATES COMING SOON*</p> <p><b>For more info. contact:</b><br/><a href="mailto:rachel@ladybirdfirstaid.com">rachel@ladybirdfirstaid.com</a> or 07812164350.</p> | <p><b>FRIDAY 5<sup>TH</sup> OCTOBER 10-11AM</b></p>  <p><b>FREE SLING WORKSHOP</b></p> <p>A free sling workshop. Come along to see some demonstrations of how to carry your baby and try some of the newest slings on the market. Question and answer session to include how to keep your baby warm and dry whilst carrying. There will also be a chance to purchase slings at a special discounted price.</p> <p>If you can't make it to the workshop but would like to see us, please have a look at <a href="http://www.slingsbee.co.uk">www.slingsbee.co.uk</a> or contact <a href="mailto:bryony@slingsbee.co.uk">bryony@slingsbee.co.uk</a></p> | <p><b>ABINGDON &amp; WITNEY COLLEGE AND WALLINGFORD FAMILY CENTRE: ADULT LEARNING OPEN MEETING</b></p> <p>- 9<sup>TH</sup> October, 7pm -</p> <p><b>An open meeting to get ideas and thoughts about introducing an adult learning programme to Wallingford.</b></p> <p><b>**All welcome**</b></p>  | <p><i>Please note that Buggy Fitness is now taking a break due to Maternity Leave - we'll keep you posted about a return date later in the year.</i></p> |
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