

# St John's School Menu September 2018 to February 2019

	Week One	Week Two	Week Three
<b>Monday</b>			
Main	Chicken Korma & Rice	BBQ Chicken with Golden Rice	Spaghetti Bolognaise
Vegetarian	Tomato & Basil Pasta Bake	Mac & Cheese	Potato Longboats
Other	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Dessert	Strawberry Mousse	Arctic Roll	Coconut & Sultana Rice Pudding
<b>Tuesday</b>			
Main	Cheese & Tomato Pizza	Ham & Pineapple Pizza	Pepperoni Pizza
Vegetarian	Rainbow Vegetable Stir Fry	Stir Fry Vegetable Noodles	Veggie Chilli with Rice
Other	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Dessert	Apple Crumble with Custard	Peach Crumble with Custard	Apple & Pear Crumble with Custard
<b>Wednesday</b>			
Main	Roast Chicken & Gravy & Roast Potatoes	Roast Chicken with Gravy & Roast Potatoes	Roast Chicken with Gravy & Roast Potatoes
Vegetarian	Cheese & Onion Pinwheel with Roast Potatoes	Veggie Sausages & Gravy with Roast Potatoes	Cauliflower Cheese With Roast Potatoes
Other	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Dessert	Strawberry Jelly & Peach Slices	Orange Jelly with Mandarins	Strawberry Jelly with Pineapple Chunks
<b>Thursday</b>			
Main	Minced Beef & Onion Pie with Mash	Cottage Pie	Sausage & Mash
Vegetarian	Cheesy Broccoli Pasta	Vegetable Curry with Rice	Vegetable Bolognaise with Pasta
Other	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Dessert	Sultana Sponge & Lemon Syrup	Jam Sponge with Custard	Chocolate Banana Cake with Custard
<b>Friday</b>			
Main	Fish & Chips with Tomato Sauce	Fish & Chips with Tomato Sauce	Fish & Chips with Tomato Sauce
Vegetarian	Veggie Burger with Chips & Tomato Sauce	Cheese & Tomato Puffs with Chips	Cheese & Onion Quiche with Chips
Other	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Beans
Dessert	Vanilla Iced Shortbread	Flapjack	Vanilla Cookie with Yoghurt

\*Fresh Fruit and yoghurts daily

Week One	Week Two	Week Three
03/09/2018	10/09/2018	17/09/2018
24/09/2018	01/10/2018	08/10/2018
15/10/2018	29/10/2018	05/11/2018
12/11/2018	19/11/2018	26/11/2018
03/12/2018	10/12/2018	17/12/2018
07/01/2019	14/01/2019	21/01/2019
28/01/2019	04/02/2019	11/02/2019